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Benefits Of Travelling:

No one can deny that travelling is very important in our life to see the world and different cultures. It lets us experience life in exciting different ways. To start with, travelling gives us the opportunity to disconnect from our regular life. We need to forget our problems for a few weeks. Another great benefit is the relaxation we need to recharge our "batteries". It's a very good stress remover. Add to this, travelling increases our knowledge and widens our perspective. To view new customs, different ways of living is fantastic for the mind. It gives us a new perspective about life and especially our life, it can help us change some of our habits or even create new ones. Last but not least, when travelling with friends or family it creates memories for a lifetime. These memories will create a bond that nothing can erase no matter what happens with the friendship

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LifeLong Learning (Benefits)

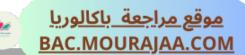
"to seek knowledge from the cradle to the grave"

- Vocational purposes: to enrol and attend school - to study different subjects - to pass exams - to get degree - to have necessary qualifications - to get a white-collar, prestigious, well-paying job - to get promoted at work

- Non-vocational: to learn - to get knowledge - to combat illiteracy and ignorance - to be a good citizen - to contribute to the progress of one's community - to cope with the change 'Never stop learning; knowledge doubles cvery fourteen months.' Anthony J. D'Angelo

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Right Of Women

Nowadays we take it for granted that women have the same rights as men before the first world war lew people believed this As far as work was concerned there were jobs wich were regarded as women's jobs and other wiche were regarded as men's jobs. Women's jobs were generally lower paid as men's. Men did almost all the heavyjobs in industry or in transport women had jobs like dress-making. cleanning or worked as servants Women's main role was as being to raise children and look for their home women were not expected to take position of leadership. Women were not even allowed to vote in elections Before the war some women had been struggling to achieve greater equality with men. The most famous of these had been the suffragoltes who stagged a violent campaign against the government from 1905 to 1914 trying to achieve the right to vole however, at the outbreak of war. the were still no near to success. Many mon argued that women were unsuited to such

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BRAIN DRAIN (EFFECTS)

one of the main problems facing poor countries today is the so-called brain drain. Such a movement of highly skilled, talented individuals is becoming so acute that many are worrying about its effects on the economic development of the region. More and more educated professionals such as engineers, doctors and scientists are looking for better job opportunities and higher incomes in western countries. Also more students from developing nations receiving an education in Britain, the US, or France stay after completing their studies. Hence, it's not surprising that serious drawbacks are becoming more and more apparent and social, economic as well as political conditions are getting worse. Poor countries are wasting efforts and energies in favour of the western countries, while they are in need for their contribution in economics, education, health, planning, scientific research and technology. Moreover, we may notice a financial loss as a lot money is spent on education and training of students who are favourable by the western countries for free. To make matters worse, scientific research in the developing countries is declining compared to the contribution of migratory brains in the west.

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Employment Morale is the spirit, or tone, of an organization. It is an effect, or end result, of workplace conditions, relationships, changes or other elements. Employers should care for the emotions, attitude, satisfaction, and overall outlook of employees during their time in a workplace environment. Part of effective productivity is thought to be directly related to the morale of the employees. Employees that are happy and positive at work are said to have positive or high employee morale. Companies that maintain employees who are dissatisfied and negative about their work environment are said to have negative or low employee morale. No matter how smart, talented and experienced the employees are, if they are not happy with their jobs, their work will suffer. Keeping employée morale high is important because it will boost the company's success.

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Morals and Virtues:

Moral concepts consist of values, virtues and ethics that help individuals distinguish their actions as being morally right or morally wrong Virtues are a moral concept categorized as intellectual or practical. Practical virtues are broken down into

moral or non-moral virtues. The most important moral virtues include courage and honesty, which are generally considered inorally right and a positive reflection of an individual's character. Values are a moral concept used in decision-making and conflict situations. A person's mindset and behaviour are directly connected to a person's value system, and most religious traditions specify values that should be adhered to. Three important moral values are freedom, love and empathy, and these values are often taught within the home and in schools.

 Ethics are a set of rules that help determine right from wrong in regards to interpersonal interactions.
 Responsibility and restraint are two important ethics, which strengthen a person's character and improve interpersonal interaction when observed.

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Smoking (Drawbacks):

There are literally countless health reasons to guit smoking. Simply put, smoking affects every aspect of a person's health. Practically no one can claim that they are unaware that smoking is bad for your health. We shall admit that smoking creates an addiction that is hard to defeat and endangers the lives and quality of living of those who smoke. When people consider the dangers of smoking, lung cancer is what first comes to mind. That is not to say that the only concern of smokers should be that their personal health is the only part to in jeopardy. Research also directly ties smoking to the onset of asthma in children of parents who smoke in the home. Therefore, all of those horrible afflictions can be spread to non-smokers who are subjected to constant second-hand smoke. More than just health consequences, smoking has psycho-social side effects that hinder one's quality of life. The urge to smoke requires smokers to lose time finding an acceptable place to smoke during work hours or public places. Moreover, being a smoker can cause feelings of shame, especially when in group settings where the smoker's desire to smoke becomes unvelcome for others. Further, smoking decreases the ability to smell and taste, taking pleasure out of things like fresh air and delicious foods. Smokers themselves cannot smell the scent on themselves and in their homes, but their friends and neighbours can, just as they can smell it on their breath.

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living in the Country:

Rural living has its advantages over urban sprawl and big cities. Families are moving to smaller towns and out of the city at alarming rates, many with the same reasons. First of all, the country offers peace and quiet you can't get in the city. Sit outside any time of the day or night; you will be the audience to nature playing its tune. It's not unlikely to hear birds singing. The noisiest sounds will often be the sounds of your own children's laughter. Adding to this, life in the country means your home isn't packed on top of your neighbours. Your children have room to run, play, jump and be kids without worry of treading through the neighbour's yard or flowers. For people who love gardening. Moreover, parents looking for security that they can't find in the city anymore often look to small communities and rural living to find peace of mind. It's very frightening to live in an area that is corrupt with theft and crime or dangerous schools. Rural families find relief in knowing that statistically living in the country does have less reported crime. Most important of all, families that live in the country have the benefit over crowded cities and industrial areas of having clean air. Sitting outside at night and being able to view the stars and moon in all their glory is clear evidence of the air quality in the country. Bright blue clouds and

sun are able to be seen clearly and pollutants from crowded highways, exhaust fumes and manufacturing companies are nowhere in sight

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